

International Nutrition Olympiad (INO) 2026

Competition Guidelines

Topic: Drama

The International Nutrition Olympiad (INO) is an annual global event where children, adolescents and youth have the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions as well as build networks. INO has been organized by BIID Foundation since 2017 in collaboration with various government and non-government organizations. The children, adolescent and youth-led INO has been playing an effective role in achieving national and international goals on nutrition. This year INO 2026 will bring together Youth, MSMEs, Policymakers, and Private Sector Actors. INO 2026, the 9th edition of the initiative will be held on 11-12th December, 2026 at Dhaka, Bangladesh. Children, adolescents & youth as individuals and team, are encouraged to engage through the network of Nutrition Clubs. Theme for INO 2026 is “**Private Sector for Better Nutrition: Empowering Local businesses to deliver safe and nutritious food for all**”.

Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2026. There will be a total of 15 competitions including ‘Drama Competition’. Anyone between 6 to 24 years can participate in the ‘Drama Competition’. The guideline of the ‘Drama Competition’ is given below:

Drama Competition

The ‘Drama Competition’ is a part of the International Nutrition Olympiad 2026, where adolescents and youth will stage plays highlighting various social and scientific perspectives on nutrition and food. Participants will creatively present a drama on the designated themes, which will be evaluated based on their acting, clarity of language and the presentation of the content.

Age groups:

Group A	Group B	Group B
6-10	11-18	19 - 24

Theme: (Topics for the next round will be announced to those who pass the preliminary selection)

Group A: From Junk Food to Healthy Food: A Child’s Journey

Group B: The School Campaign That Transformed Local Food Choices

Group C: The Future We Eat: Private Sector Solutions for Better Nutrition.

Eligibility:

- Participants must complete registration form on the INO 2026 website (www.nutritionolympiad.net) and select ‘Drama Competition’ during the registration.
- Anyone within the specified age group can join the competition.
- Contestants can participate individually or as a team (max 5 person) in this competition.
- The participants or guardian or the institution must have minimum information technology facilities.
[Phone, E-mail, WhatsApp and Zoom Account (not mandatory)]

Registration:

All participants have to register at the dedicated website of INO 2026. Click the registration link at INO 2026 website (www.nutritionolympiad.net) and select 'Drama Competition' during the registration.

Last Date of Registration: August 31, 2026 (11 PM, Dhaka time)

Submission Deadline: September 30, 2026 (11 PM, Dhaka time)

Drama Competition Guidelines:

1. Participant Information:

Name, Age, Designation, Institution, address, Contact, Number and Email

2. Language: Bangla or English.

3. Submission & Selection Process:

Preliminary selection:

- Participants can join the competition either online via Zoom or in person at their respective schools.
- For in-person, schools will select the top 5 dramas. The selected dramas can be submitted via email or Google form upload [recording performance (max size 100 MB)] along with name, age and institution name.
- Online participants must keep their cameras on during the competition.

Final selection:

- 5 (Five) teams or individual will be selected from each age group who will participate in the final round and perform in the INO 2026. From each age group 3 teams or individual will be declared as winner at closing ceremony of INO 2026.

Scoring Criteria:

Sl. No	Criteria	Number
01	Introducing the main topic	30
02	Dress	15
03	Language clarity	20
04	Acting	25
05	Follow the rules	10
Total		100

Special Notes:

- The decision of the judges will be considered final. Any malpractice will lead to disqualification
- Winners will be declared in the closing ceremony of the International Nutrition Olympiad 2026.

Contact:

Any queries regarding Cooking Competition, please contact, Phone: + 88028714169, +8801782510089 or E-mail: ino@biid.org.bd

One participant or a group can apply for a maximum of 3(Three) competitions

