

Guidelines For Open Internet Challenge

Making Local Food System Nutrition Sensitive and Adolescent Friendly

The International Nutrition Olympiad (INO) is an annual global event where children, adolescents and youth can share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions, and build networks. BIID Foundation has organized the program since 2017 in collaboration with various government and non-government organizations. The children, adolescents and youth-led INO has been playing an effective role in achieving national and international goals on nutrition.

INO 2025 will be held on 24th-25th April in Dhaka, Bangladesh. Children, adolescents & youth as individuals and teams, are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2025, There will be a total of 15 competitions including 'Open Internet Challenge'. Anyone between 11 to 24 years can participate in the 'Open Internet Challenge'. The guidelines of the 'Open Internet Challenge Competition' are given below:

Open Internet Challenge

The 'Open Internet Challenge' is a competition of the International Nutrition Olympiad (INO) 2025, where participants' skills, knowledge, and creativity are tested. According to the specified theme, participants must answer various questions correctly within a set time frame.

Age Group:

Group A	Group B
11-18	19-24

Theme:

Group A: Full-Fill Nutritional Needs of Adolescents by Local Foods.

Group B: Innovative Use of Local Foods: Entrepreneurial Solutions to Address Nutritional Deficiencies in Adolescents.

Eligibility:

- Participants must complete registration form on the INO 2025 website (www.nutritionolympiad.net) and select 'Open Internet Challenge Competition' during the registration.
- Any participant within the specified age group can join.
- Only individual participant can participate in this competition.
- The participants or guardian or the institution must have minimum IT facilities [Phone, E-mail, WhatsApp, Zoom account (not mandatory)].

Registration:

All participants have to register at the dedicated website of INO 2025. Click the registration link at the INO 2025 website (www.nutritionolympiad.net) and select 'Open Internet Challenge Competition' during the registration.

Registration Deadline: March 31, 2025 (11 PM, Dhaka time)

Submission deadline: April 06, 2025 (11 PM, Dhaka time)

Open Internet Challenge Guidelines

1. Participant Information:

Name, Age, Designation, Institution, Address, Contact Number, and Email

2. Preliminary Selection for Open Internet Challenge:

The preliminary selection will be held on Zoom. The date and Zoom link will be shared via email and WhatsApp

3. Language: Bangla or English

4. Submission & Selection Process:

Preliminary Selection:

- Participants will join over Zoom session for the competition and questions will be provided via google form in the chat box.
- Participants must use their own computer/laptop/mobile/tablet.
- Participants will have 15 minutes to answer several questions.
- The camera must be kept on throughout the preliminary selection.

Final Selection:

- The top 5 participants from each group will be invited to the final selection round at INO 2025, where they must bring their mobile/tablet/laptop.
- The top 3 participants will be announced as winners at the closing ceremony of the International Nutrition Olympiad 2025.

Scoring Criteria:

Sl. No	Criteria	Number
01	Presenting the main theme	40
02	Time management	20
03	Relevance	40
Total		100

Special Notes:

- Judges' decisions will be considered final. Any malpractice will lead to disqualification.
- The top 3 participants from each group will be declared winners at the closing ceremony of the International Nutrition Olympiad 2025.

Contact:

Any queries regarding the Open Internet Challenge Competition, please contact, Phone: +8801782510089 or E-mail: ino@biid.org.bd

One participant or a group can participate for a maximum of 3 (Three) competitions.