

Guidelines for Music Competition

Making Local Food System Nutrition Sensitive and Adolescent Friendly

The International Nutrition Olympiad (INO) is an annual global event where children, adolescents and youth can share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions, and build networks. BIID Foundation has organized the program since 2017 in collaboration with various government and non-government organizations. The children, adolescents and youth-led INO has been playing an effective role in achieving national and international goals on nutrition.

INO 2025 will be held on 24th-25th April at Dhaka, Bangladesh. Children, adolescents & youth as individuals and teams, are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2025, There will be a total of 15 competitions including 'Music competition'. Anyone between 06 to 24 years can participate in the 'Music Competition'. The guidelines of the 'Music Competition' are given below:

Music Competition

The Music Competition at the International Nutrition Olympiad invites participants to perform songs related to local food systems and nutrition. Participants can sing folk or popular songs, promoting nutrition-sensitive themes.

Age Group:

Group A	Group B	Group C
06-10	11-18	19-24

Theme:

Folk or any other type of song promoting or related to local food systems nutrition sensitive and adolescent friendly.

Existing popular songs can make parody with proper recognition of the original music.

Eligibility:

- Participants must complete registration form on the INO 2025 website (www.nutritionolympiad.net) and select 'Music Competition' during the registration.
- Any participant within the specified age group can join.
- Contestants can only compete individually or in teams (max 3 person).
- The participants or guardian or the institution must have minimum IT facilities [Phone, E-mail, WhatsApp, Zoom account (not mandatory)].

Registration:

All participants have to register at the dedicated website of INO 2025. Click the registration link at the INO 2025 website (www.nutritionolympiad.net) and select 'Music Competition' during the registration.

Registration Deadline: March 31, 2025 (11 PM, Dhaka time)

Submission deadline: April 06, 2025 (11 PM, Dhaka time)

Music Competition Guidelines

1. Participant Information:

Name, Age, Designation, Institution, Address, Contact Number, and Email

2. Music Structure:

Time	Content
15 seconds	Introduce yourself (name, age, area)
15 seconds	A short explanation of the name and subject of the song
02 minutes	Singing the song

3. Language: Bangla or English

4. Submission & Selection Process:

Preliminary Selection:

- Individual and team (max 3 members) can participate in the competition.
- Participants from different institutions may also team up.
- Participants will conduct music competitions at their own institute in the presence of teachers.
- School will select 3 best music and submit a video by Google form or email mentioning the team or participants name, age, institution name.
- Participants can also submit their music video individually during the registration.

Final selection:

- Top 5 participants will be selected from each age group to present their music in the INO 2025 and the jury will select the top 3 as winners from each age group.

Score:

Sl. No	Criteria	Number
01	The subject of the song	25
02	Lyrics and melody	30
03	Presentation of the main topic	30
04	Following the rules	15
Total		100

Special Notes:

- Judges' decisions will be considered final. Any malpractice will lead to disqualification.
- Winners will be declared in the closing ceremony of the International Nutrition Olympiad 2025.
- Video and audio quality of the music video must be clear.

Contact:

Any queries regarding the Music Competition, please contact, Phone: +8801782510089 or E-mail: ino@biid.org.bd

One participant or a group can participate for a maximum of 3 (Three) competitions.