

## **Guidelines for Debate Competition**

### ***Making Local Food System Nutrition Sensitive and Adolescent Friendly***

The International Nutrition Olympiad (INO) is an annual global event where children, adolescents and youth can share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions and build networks. BIID Foundation has organized the program since 2017 in collaboration with various government and non-government organizations. The children, adolescents and youth-led INO has been playing an effective role in achieving national and international goals on nutrition.

INO 2025 will be held on 24-25th April in Dhaka, Bangladesh. Children, adolescents & youth as individuals and teams, are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2025, There will be a total of 15 competitions including 'Debate Competition'. Anyone between 06 to 24 years can participate in the 'Debate Competition'. The guidelines of the 'Debate Competition' are given below.

### **Debate Competition**

The 'Debate Competition' is a part of the International Nutrition Olympiad 2025, where adolescents and youth present various social and scientific perspectives on nutrition and food issues. Participants will present arguments and evidence on the assigned topic in teams. The competition will be judged based on speech, argumentation, and data analysis skills in both the preliminary and final rounds.

### **Age Group:**

<b>Group A</b>	<b>Group B</b>	<b>Group C</b>
06-10	11-18	19-24

### **Theme:**

**Group A:** Advertisement Influence Eating Choices of Children Over Parent's Decision.

**Group B:** Canteen Food can Ensure Nutrition for Adolescents in School.

**Group C:** Environment-friendly Food Production process make the Food System Costly.

(Themes for the final round will be notified to the primarily selected participants before one week of the event.)

### **Eligibility:**

- Participants must complete registration form on the INO 2025 website ([www.nutritionolympiad.net](http://www.nutritionolympiad.net)) and select 'Debate Competition' during the registration.
- Any participant within the specified age group can join.
- Contestants can only compete in teams (max 3 person)
- The participants or guardian or the institution must have minimum IT facilities (Phone, E-mail, WhatsApp, Zoom account).

### **Registration:**

All participants have to register at the dedicated website of INO 2025. Click the registration link at the INO 2025 website ([www.nutritionolympiad.net](http://www.nutritionolympiad.net)) and select 'Debate Competition' during the registration.

**Registration Deadline:** March 31, 2025 (11 PM, Dhaka time)

**Submission Deadline:** April 06, 2025 (11 PM, Dhaka time)

### Debate Guidelines

#### 1. Participant Information:

Name, Age, Designation, Institution, Address, Contact Number, and Email.

#### 2. Language: Bangla or English

#### 3. Competition Link: Will be given for District or Divisional round via email or Whatsapp group.

#### 4. Submission & Selection Process:

#### Preliminary Selection:

- The preliminary phase of debate competition will be held in two rounds.
- A team of three members must be formed to participate in the debate competition. Group members must be of the same age group.
- Each debater will speak within the allotted time. The team leaders of the two teams will get 2 minutes for the rebuttal round.
- Only one team from the institution will be able to participate in the competition. If there are more than one team interested in school, the school will organize the competition individually in their respective institutions. Each school will select a group and submit their names via email.
- Institutionally selected and independent participants will join the competition Online via Zoom (a schedule will be provided to the participants via email).

#### Final Selection:

- Top 2 teams per age group from the first round will participate in the final round of the INO 2025.

#### Time Table:

Time	Description
1.5 minutes	Introduction and speech of the 1 <sup>st</sup> debater
1.5 minutes	Introduction and speech of the 2 <sup>nd</sup> debater
1.5 minutes	Introduction and speech of the 3 <sup>rd</sup> debater
1.0 minutes	Preparation of the rebuttal time
2.0 minutes	Team leader for rebuttal time

#### Scoring Criteria:

Sl. No	Criteria	Number
01	Presentation (pronunciation and accent)	15
02	Argumentation	25
03	Use of data and information	20
04	Content	25
05	Contemporary and realistic evidence	15
<b>Total</b>		<b>100</b>

**Special Notes:**

- The decision of the judges will be considered final. Attempts to resort to any kind of malpractice will be disqualified.
- Highest scorer from each group will be declared as winners in the closing ceremony of International Nutrition Olympiad.
- During primary competition, the camera should be turned on the whole time.
- Participants selected for the final round (at Dhaka) may need to organize their logistics.

**Contact:**

Any queries regarding the debate competition, please contact, Phone: +8801782510089 or e-mail: [ino@biid.org.bd](mailto:ino@biid.org.bd)

**One participant or a group can apply for a maximum of three competitions.**