

Guidelines for ‘Action Tree Competition’

Making Local Food System Nutrition Sensitive and Adolescent Friendly

The International Nutrition Olympiad (INO) is an annual global event where adolescents and youth have the opportunity to share their experience to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions and build networks. BIID Foundation has organized the program since 2017 in collaboration with various government and non-government organizations. The children, adolescent and youth-led INO has been playing an effective role in achieving national and international goals on nutrition.

INO 2025, the 8th edition of the initiative will be held on 24th–25th April at Dhaka, Bangladesh. Children, adolescents & youth as individuals and teams are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2025, There will be a total 15 competitions including ‘Action Tree’. Anyone between 06 to 24 years can participate in the ‘Action Tree Competition’. The guidelines of the ‘Action Tree Competition’ are given below:

Action Tree

‘Action Tree’ is a competition where the participants will be given a specific topic aligned with the INO theme. They will analyze the topic and make an action agenda within 15 words about how they will engage themselves for the specific topic.

Age Groups:

Group A	Group B	Group C
06-10	11-18	19-24

Theme:

Group A: I Grow My Food at Home.

Group B: Get Nutrition from Locally Produced Food.

Group C: Encouraging Consumers to Eat More Nutritious Food.

Eligibility:

- Participants must complete registration form on the INO 2025 website (www.nutritionolympiad.net) and select ‘Action Tree Competition’ during the registration.
- Any participant within the specified age group can join.
- Only individual participant can participate in this competition.
- The participants or guardian or the institution must have minimum IT facilities [Phone, E-mail, WhatsApp, Zoom account (not mandatory)].

Registration:

All participants have to register at the dedicated website of INO 2025. Click the registration link at the INO 2025 website (www.nutritionolympiad.net) and select ‘Action Tree Competition’ during the registration.

Registration Deadline: March 31, 2025 (11 PM, Dhaka time)

Submission deadline: April 06, 2025 (11 PM, Dhaka time)

Action Tree Guidelines

1. Participant Information:

Name, Age, Designation, Institution, Address, Contact Number and Email.

2. Action Tree structure:

The action related to the above theme should be written in a maximum of 15 words.

3. Formatting:

Font: Gill Sans MT (English) or Kalpurush (Bangla) Font Size: 12, Plain text without special formatting. A4 Size paper.

4. Language: Bangla or English

5. Submission & Selection Process:

Participant will submit the action tree (pdf) through Google form/e-mail (mentioning the 'Action Tree' in the subject of the mail).

Preliminary Selection:

- Top 5 action tree from each group will be shortlisted for display at INO 2025.

Final Selection:

- The best 3 action tree from each group will be declared winners.

Scoring Criteria:

Sl. No	Criteria	Number
01	Do ability (practical)	35
02	Scopes to implement by the participants	25
03	Relevance	25
04	Presentation	15
Total		100

Special Notes:

- Action items must be original and created by participants, though guidance from mentors is allowed. Action item generated using AI tools or any online assistive tools will be disqualified.
- Judges' decisions will be considered final. Any malpractice will lead to disqualification.
- Winners will be declared in the closing ceremony of the International Nutrition Olympiad 2025.

Contact:

Any queries regarding the Action Tree Competition, please contact, Phone: +8801782510089 or E-mail: ino@biid.org.bd

One participant or a group can participate for a maximum of 3 (Three) competitions.