

Nourishing Adolescents to Build a Smart Future Generation

Guidelines for Public Speaking

The International Nutrition Olympiad (INO) is an annual global event where children, adolescents & youth has the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions as well as build networks. The program has been organized by BIID Foundation since 2017 in collaboration with various government and non-government organizations. The children, adolescents & youth-led INO have been playing an effective role in achieving national and international goals on nutrition.

INO 2024 will be held on 17-18 April, 2024 at Dhaka, Bangladesh. Children, adolescents & youth as individuals and teams are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2024. There will be a total of 15 competitions including 'Public Speaking'. Anyone between 06 to 24 years can participate in the "Public Speaking Competition". The guideline of the "Public Speaking Competition" is given below:

Age groups:

Group A	Group B	Group B
6-10	11-18	19 - 24

Theme:

Group A: 'Importance of healthy food'

Group B: 'Water is Food, Water is Life'

Group C: 'My Role to Make the Homestead Garden (From food production to consumption)'

Themes for final round will be notified 1 week before the final event to the primarily selected participants.

Eligibility:

- Must be registered through INO 2024 registration link.
- Anyone within the age group can join the competition.
- The participants or guardian or the institution must have minimum information technology facilities(Phone, E-mail, WhatsApp and Zoom Account).

Registration:

All participants have to register at the dedicated website of INO 2024. Click the registration link at INO 2024 (www.nutritionolympiad.net). Each participant has to select the "Public Speaking Competition & Participation Option" during the registration.

Last Date of Registration: 15th March, 2024 (11 PM, Dhaka time)

Instructions for participating in the public speaking competition:

Language: Bangla or English.

Submission & Preliminary Selection:

Participants have the option to join the competition either online via Zoom or in person at their respective schools, with a schedule to be communicated by February 28th. For in person public speaking competition, schools will select the top 3 speakers from each school. The speaker's speech can be submitted via email or Google drive. Participants have to present the statement within 2 minutes. Online participants must keep their cameras on during the competition. Participants under 18 require a consent form parents/guardians

The last date of submission: 20th March 2024 (11 PM, Dhaka time)

Final Round:

5 participants from each group will be selected to participate in person at the INO 2024. A theme will be given to the selected participants for the "Public speaking competition" and 3 minutes time will be allocated for the final round.

Score:

Sl. No	Criteria	Number
01	Main theme	30
02	Presenting the theme	20
03	Accurate information and explanation	25
04	Accent	15
05	Following the rules	10
Total		100

Special Notes:

- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.
- During primary competition, the camera should be turned on the whole time.
- The highest scorer from each age groups will be declared as the winner in the closing ceremony of the International Nutrition Olympiad 2024.

Contact:

Any queries regarding 'Public Speaking Competition', please contact, Phone: +8801782510089, +88028714169 or E-mail: ino@biid.org.bd.

One participant or a group can apply for a maximum of 5(Five) competition.

