



Nourishing Adolescents to Build a Smart Future Generation

Guidelines For Music Competition

The International Nutrition Olympiad (INO) is an annual global event where children, adolescents & youth has the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition and seek actionable solutions as well as build networks. The program has been organized by BIID Foundation since 2017 in collaboration with various government and non-government organizations. The children, adolescents & youth-led INO have been playing an effective role in achieving national and international goals on nutrition.

INO 2024 will be held on 17-18 April, 2024 at Dhaka, Bangladesh. Children, adolescents & youth as individuals and teams are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2024. There will be a total of 15 competitions including Music Competition. Anyone between 06 to 24 years old can participate in the "Music Competition". The guideline of the Music Competition is given below:

Age groups:

Group A	Group B	Group C
06 -10	11-18	19-24

Theme:

"Folk or any other type of song related to foods, nutrition and health of future generation."

Participants will be able to perform songs in his or her own written or parody, colloquial or regional language, based on the specific theme in mind.

Eligibility:

- Must be registered through INO 2024 registration link.
- Any participant within the age group can join the competition.
- The participants or guardian or the institution must have minimum information technology facilities (Phone, E-mail, WhatsApp and Zoom Account)

Registration:

All participants have to register at the dedicated website of INO 2024. Click the registration link at INO 2024 (www.nutritionolympiad.net). Each participant has to select the " Music Competition & Participation Option" during the registration.

Last Date of Registration: 15th March 2024 (11 PM, Dhaka time)

[Participants can submit during registration]

Instructions for participating in the Music Competition:

Language: Bangla or English.

Music Structure:

Time	Content
15 second	Introduce yourself(name, age group and area)
15 second	A short explanation of the name and subject of the song
02 minute	Singing the song

Submission & Preliminary Selection:

Individual and team (max 3 members) can participate in the competition. Participants from different institutions may also team up. Participants will conduct music competition at their own institutions in presence of teachers. School will select 3 best music and submit video by Google form or email mentioning the team or participant name, age and institution name. Participant can also submit their music video individually during the registration.

Last Date of Submission: 20th March, 2024(11 PM, Dhaka time)

Final Selection:

Top 5 participants will be selected from each age group to present their music in the INO 2024 and jury will select the top 3(three) as winners from each age group.

Score:

Sl. No	Content	Number
01	The subject of the song	25
02	Lyrics and melody	30
03	Presentation of the main topic	30
04	Following the rules	15
Total		100

Contact:

If you have any questions about Music Competition, please contact, Phone: +8801782510089, +88028714169 or E-mail: ino@biid.org.bd.

Special Note:

- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.
- Video quality of the music must be clear.
- Top 3 highest scorers from the 3 age groups will be declared the winner in the closing ceremony of the International Nutrition Olympiad 2024.

One participant or a group can apply for a maximum of 5(Five) competition.

