

Nourishing Adolescents to Build a Smart Future Generation

Guidelines for Debate Competition

The International Nutrition Olympiad (INO) is an annual global event where children, adolescent and youth have the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition, and seek actionable solutions as well as build networks. The program has been organized by BIID Foundation since 2017 in collaboration with various government and non-government organizations. The children, adolescent and Youth-led INO has been playing an effective role in achieving national and international goals on nutrition.

INO 2024 will be held on 17-18 April, 2024 at Dhaka, Bangladesh. Children, adolescents & youth, as individuals and team, are encouraged to engage through the network of Nutrition Clubs. Different competitions, seminars, workshops & exhibitions are going to be organized at INO 2024. There will be a total of 15 competitions including Debate. Anyone between 06 to 24 years old can participate in the “Debate Competition”. The guideline of the Debate Competition is given below:

Age Groups

| Group A | Group B | Group C |
|---------|---------|---------|
| 6-10 | 11-18 | 19-24 |

Theme:

Group A: “Healthy meal vs tasty meal”

Group B: “School meal is a mandatory to explore full potential of adolescents”

Group C: “Role of social media is stronger than family to influence the eating habits of adolescents”

Themes for final round will be notified to the primarily selected participants before one week of the event.

Eligibility:

- Must be registered through INO 2024 registration link.
- Anyone within the age group can join the competition.
- The participants or guardian or the institution must have minimum information technology facilities (Phone, E-mail, WhatsApp and Zoom Account)

Registration:

All participant have to register at the dedicated website of INO 2024, each participant has to select the competition" DebateCompetition" during the registration.

The last Date of Registration: 15th March 2024 (11 PM, Dhaka time)



Instructions for participating in the Debate Competition:

Language: Bangla or English

Preliminary Round:

- The debate competition will be held in two rounds.
- A team of three-member must be formed to participate in the debate competition. Group members must be of the same age group.
- Each debater will speak within the allotted time. The team leaders of the two teams will get 2 minutes for rebuttal round.
- Only one team from institution will be able to participate in the competition.

Participants will join the competition online via Zoom (a schedule will be provided to the participants via email). If there are more than one team interested in a school, the school will organize the competition individually in their respective institutions. Each school will select a group and submit their names via email. Institutionally selected and independent contestants will participate in the preliminary competition through Zoom.

Final Round:

Top 2 (Total 6) teams from each age group from the first round will participate in the final round of INO 2024.

Time Table:

| Time | Description |
|------------|--|
| 1.5 minute | Introduction and speech of the 1st debater |
| 1.5 minute | Introduction and speech of the 2nd debater |
| 1.5minute | Introduction and speech of 3rd debater |
| 1.0 minute | Preparation for rebuttal round |
| 2.0 minute | Team leader for rebuttal round |

Score:

| Sl. No | Criteria | Number |
|--------|--|--------|
| 01 | Presentation(Pronunciation and accent) | 15 |
| 02 | Argumentation | 25 |
| 03 | Use of data and information | 20 |
| 04 | Content (Relevance) | 25 |
| 05 | Contemporary and realistic evidence | 15 |
| | Total | 100 |

Contact: If you have any questions regarding Debate Competition, please contact Phone:+88028714169, +8801782510089 or E-mail: ino@biid.org.bd.

Special Note:

- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.
- During preliminary round the camera should be kept turned on the whole time.



- The highest scorer from each age group will be declared the winner in the closing ceremony of the International Nutrition Olympiad 2024.
- Participants selected for the final round (at Dhaka) may need to organize their own logistics.

One participant or a group can apply for a maximum of 5 (Five) Competitions.

