



## GUIDELINES FOR PAINTING COMPETITION

The Nutrition Olympiad is an annual national event where youth have the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition, and seek actionable solutions as well as build networks. The program has been organized since 2017 in collaboration with various government and non-government organizations. The Youth-led Nutrition Olympiad is playing an effective role in achieving national and international goals on nutrition.

On 21<sup>st</sup> December 2021 "International Nutrition Olympiad (INO) 2021" will be held. Initiatives have been taken to organize the Nutrition Olympiad at the international level from 2021 to spread the Nutrition Olympiad all over the world and to encourage the participation of adolescents and youth. Different competitions and activities are going to be organized like before in the Nutrition Olympiad this time.

From age group, 10 to 24 years old can participate in the “Painting Competition” in the International Nutrition Olympiad. The directions of the Painting Competition are given below:

### Age groups:

Group A	Group B
10-18	19-24

### Theme:

**Group A:** “Nutrition enriched food”.

**Group B:** “Role of youth in food safety and ensure nutrition”.

### Instructions for participating in the competition:

#### Eligibility:

Nutrition Club members, students, adolescents, and youth groups of the given age group who will register through the website of the International Nutrition Olympiad 2021 will be able to participate in the Painting competition.

#### Registration:

On the dedicated website of INO 2021, each participant has to select the subject of the competition "Painting Competition" during the registration.

**Language:** Bangla or English

**Paper Size:** A4

**Paper type:** Any type of paper.

**Last Date of Registration:** 10/12/2021.

**Score:**

SL. No	Content	Number
01	Presenting main theme	40
02	Color Consistency	40
03	Video	10
04	Following the rule	10

**Instruction of Painting:**

- The participant has to draw the picture by hand keeping the main theme right.
- Draw using color, pencil sketch is not acceptable.

**Preliminary Selection:**

On 10/12/2021, a ZOOM link will be delivered by BIID Foundation, where the participants will join directly to the competition on 11/12/2021. The Painting should be completed and displayed within 02 hour.

**Final Selection:**

On 15/12/2021, a ZOOM link will be delivered through E-mail to the preliminarily selected participants. The next theme of Painting and a Google Form will be provided via E-mail where a clear photo should be submitted within 15 minutes after completing the Painting Competition. On 18/12/2021, the final selection will be held in ZOOM.

**Contact:**

If you have any questions regarding Painting, please contact, Ashab Al Yamin, +8801767502636 or E-mail: [ashabalyeamin123@gmail.com](mailto:ashabalyeamin123@gmail.com) or E-mail: [ino@biid.org.bd](mailto:ino@biid.org.bd), Phone: +8801782510089.

**Special Notes:**

- During Competition, the camera should be turned on the whole time.
- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.

**Others:**

- The highest scorer from 2 groups will be declared the winner in the closing ceremony of the International Nutrition Olympiad 2021.
- Selected photos will be uploaded on the website of BIID Foundation.

**One participant or a group can apply for maximum three games.**