



INTERNATIONAL NUTRITION OLYMPIAD 2021

Let The Youth Lead



GUIDELINES FOR OPEN INTERNET CHALLENGE

The Nutrition Olympiad is an annual national event where youth have the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition, and seek actionable solutions as well as build networks. The program has been organized since 2017 in collaboration with various government and non-government organizations. The Youth-led Nutrition Olympiad is playing an effective role in achieving national and international goals on nutrition.

On 21st December 2021 "International Nutrition Olympiad (INO) 2021" will be held. Initiatives have been taken to organize the Nutrition Olympiad at the international level from 2021 to spread the Nutrition Olympiad all over the world and to encourage the participation of adolescents and youth. Different competitions and activities are going to be organized like before in the Nutrition Olympiad this time.

From age group, 10 to 24 years old can participate in the “Open Internet Challenge” competition in the International Nutrition Olympiad. The directions of the Open Internet Challenge competition are given below:

Age groups:

| Group A | Group B |
|---------|---------|
| 10-18 | 19-24 |

Theme:

Group A: “Understanding about food ingredients”.

Group B: “National and global goals and targets on nutrition”.

Instructions for participating in the competition:

Eligibility:

Nutrition Club members, students, adolescents, and youth groups of the given age group who will register through the website of the International Nutrition Olympiad 2021 will be able to participate in the Open Internet Challenge competition.

Registration:

On the dedicated website of INO 2021, each participant has to select the subject of the competition "Open Internet Challenge Competition" during the registration.

Last Date of Registration: 10/12/2021.



Competition Rules:

- On 19/12/2021, a ZOOM link will be delivered by BIID Foundation, where the participants will join directly to the competition.
- Participants will use their own computer / laptop / phone / tab.
- Each participant will have 15 minutes to answer the 1st question. After submitting the answer to the first question, the participants will get the 2nd question which has to be solved in 15 minutes as before.
- Answer should be submitted through Google Form and the Form will be provided after joining the ZOOM link.

Score:

| SL. No | Content | Number |
|--------|---------------------------|--------|
| 01 | Presenting the main theme | 40 |
| 02 | Time management | 20 |
| 03 | Relevance | 40 |

Contact: If you have any questions regarding the Open Internet Challenge, please contact Ashab Al Yamin, +8801767502636 / E-mail: ashabalyeamin123@gmail.com or E-mail: ino@biid.org.bd, Phone: +8801782510089.

Special Notes:

- During Competition, the camera should be turned on the whole time.
- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.

Others:

- The highest scorer from 2 groups will be declared the winner in the closing ceremony of the International Nutrition Olympiad 2021.
- Judges will evaluate the answers and give marks.

One participant or a group can apply for a maximum of three games.

