



## GUIDELINES FOR NUTRITION CARNIVAL

The Nutrition Olympiad is an annual national event where youth have the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition, and seek actionable solutions as well as build networks. The program has been organized since 2017 in collaboration with various government and non-government organizations. The Youth-led Nutrition Olympiad is playing an effective role in achieving national and international goals on nutrition.

On 21<sup>st</sup> December 2021 "International Nutrition Olympiad (INO) 2021" will be held. Initiatives have been taken to organize the Nutrition Olympiad at the international level from 2021 to spread the Nutrition Olympiad all over the world and to encourage the participation of adolescents and youth. Different competitions and activities are going to be organized like before in the Nutrition Olympiad this time.

From age group, 10 to 24 years old can participate in the “Nutrition Carnival” Competition in the International Nutrition Olympiad. The directions of the Nutrition Carnival Competition are given below:

### Age groups:

Group A	Group B
10-18	19-24

**Theme:** “Nutrition for good health”

### Instructions for participating in the competition:

#### Eligibility:

Nutrition Club members, students, adolescents, and youth groups of the given age group who will register through the website of the International Nutrition Olympiad 2021 will be able to participate in the Nutrition Carnival competition.

#### Registration:

On the dedicated website of INO 2021, each participant has to select the subject of the competition "Nutrition Carnival Competition" during the registration.

**Language:** Bangla or English

**Last Date of Registration:** 10/12/2021.

Individually or group (up to 3 people) can participate in this competition.

Participants have to procure all the materials for the competition by themselves, the authorities will not provide them.



**Score:**

SL. No	Content	Number
01	Content presentation	20
02	Dress	30
03	Nutritional message	20
04	Availability	20
05	Following the rules	10

**Preliminary Selection:**

On 12/12/2021, a ZOOM link will be delivered by BIID Foundation, where the participants will join directly to the competition on 14/12/2021. The purpose of participation in this competition and the content of the presentation should be explained.

**Final Selection:**

The selected participants/participant team must submit a 01-minute video (MP4) in Google Form describing the content of his/her presentation and why he / she participated in this competition.

The finalists will be invited to the venue of the International Nutrition Olympiad 2021.

**Deadline:**

On 17/12/2021 (23.30 minutes) preliminarily selected participants must submit their 01-minute video through Google Form within this date.

**Address for Submission (Final Round):** The video file must be submitted by renaming with its name, age group, order number (Order number will be created after completing registration). Submission Link: <https://forms.gle/qLv476v6dzGDm3uc7>

**Contact:** If you have any questions about Nutrition Carnival, please contact, Marufa Mithil at +8801757571746 or E-mail: [bristywork123@gmail.com](mailto:bristywork123@gmail.com), or E-mail: [ino@biid.org.bd](mailto:ino@biid.org.bd), Phone: +8801782510089.

**Special Note:**

- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.

**Other:**

- The judges will evaluate the nutrition message and give the number.
- The highest scorer from 2 groups will be declared the winner in the closing ceremony of the International Nutrition Olympiad 2021.

**One participant or a group can apply for a maximum of three games.**

