

INTERNATIONAL NUTRITION OLYMPIAD 2021

Let The Youth Lead



GUIDELINES FOR ESSAY COMPETITION

The Nutrition Olympiad is an annual national event where youth have the opportunity to share their experiences to promote healthy diets and nutrition through innovative activities, express their concerns and challenges related to nutrition, and seek actionable solutions as well as build networks. The program has been organized since 2017 in collaboration with various government and non-government organizations. The Youth-led Nutrition Olympiad is playing an effective role in achieving national and international goals on nutrition.

On 21st December 2021 "International Nutrition Olympiad (INO) 2021" will be held. Initiatives have been taken to organize the Nutrition Olympiad at the international level from 2021 to spread the Nutrition Olympiad all over the world and to encourage the participation of adolescents and youth. Different competitions and activities are going to be organized like before in the Nutrition Olympiad this time.

From age group, 10 to 24 years old can participate in the “Essay Competition” in the International Nutrition Olympiad. The directions of the Essay Competition are given below:

Age groups:

Group A	Group B
10-18	19-24

Theme:

Group A: "Food waste and its solution".

Group B: "Role of youth to make foods in restaurant and streets are safe".

Instructions for participating in the competition:

Eligibility:

Nutrition Club members, students, adolescents, and youth groups of the given age group who will register through the website of the International Nutrition Olympiad 2021 will be able to participate in the essay competition.

Registration:

On the dedicated website of INO 2021, each participant has to select the subject of the competition "Essay Competition" during the registration.

Language: Bangla or English.



Last Date of Registration: 10/12/2021.

Word limit: 500 words (excluding cover page, table of content, references, tables, charts, and graphs).

Font: Times New Roman (for English) & with the size of 12 and Bijoy Bayanno (for Bangla) with size 14 and space of 1.5.

Paper size: A4

Format: PDF

Deadline: 10/12/2021 (23.30 minutes). The essay must be received by either Google Form submission or Postal within this date.

Scoring:

SL. No	Content	Number
01	The keynote presentation	35
02	Introduction and conclusion	25
03	Correct spelling and grammar	25
04	Following the rules	15

Address for Submission:

The file must be submitted by renaming with its name, age group, order number (Order number will be created after completing registration). Submission Link: <https://forms.gle/oDVUwLyknjEP7JuSA> or, Postal: Apt. B3, House - 174, Level - 2, Road-2, Mohakhali DOHS, Dhaka-1206, Bangladesh. The subject line must be included on the envelope as “Essay Competition (Order Number and Age group)”.

Contact: If you have any questions about Essay Competition, please contact, Sanjida Shabnom at +8801638025527 / E-mail: sanjidasneem395@gmail.com, or E-mail: ino@biid.org.bd, Phone: +8801782510089.

Special Note:

- Attempts to resort to any kind of malpractice will be disqualified.
- The decision of the judges will be considered final.

Other:

- The highest scorer from 2 groups will be declared the winner in the closing ceremony of the International Nutrition Olympiad 2021.
- Use of a Foot Note is mandatory.
- The main concepts must be written with appropriate references.
- Selected essays will be uploaded on BIID Foundation websites.

One participant or a group can apply for a maximum of three games.

